

Patient & Product Information

(Diclofenac Diethylamine 1.16% w/w, Virgin Linseed Oil 3% w/w, Methyl Salicylate 10% w/w, Menthol 5% w/w & Capsaicin 0.025% w/w) **Pain Relief & Anti-inflammatory Gel**

Active Ingredients:

Diclofenac Diethylamine 1.16% w/w
Virgin Linseed Oil 3.0% w/w
Methyl Salicylate 10.0% w/w
Menthol 5.0% w/w
Capsaicin..... 0.025% w/w

Read this Patient Information carefully before you start using this gel and each time you get a refill. This information does not replace discussing your medical condition or treatment with your healthcare provider.

What is this Gel?

This gel is a topical medication used for:

- Pain relief in conditions such as muscle aches, sprains, strains, back pain, or joint pain.
- Reducing inflammation and discomfort caused by injuries like bruises, arthritis, and tendonitis.
- Soothing sore muscles and providing a cooling effect through ingredients like menthol.

This Gel is not for:

- Use in the eyes, mouth, or mucous membranes.
- Application on broken or irritated skin.
- Treatment of deep or large wounds without consulting a healthcare provider.

Who should not use this Gel?

Do not use this if you:

- Are allergic to any of the ingredients in this gel (see the list of ingredients at the end).
- Have a history of asthma or allergic reactions, especially to nonsteroidal anti-inflammatory drugs (NSAIDs) or salicylates.
- Are pregnant, especially in the later stages of pregnancy, unless advised by a healthcare provider.
- Have skin conditions such as eczema, dermatitis, or other skin disorders.

What should I tell my healthcare provider before using this Gel?

Before using this gel, tell your healthcare provider if you:

- Have any allergies, particularly to NSAIDs, salicylates, or menthol.
- Have any pre-existing skin conditions such as eczema or dermatitis.
- Have liver or kidney problems.
- Are pregnant or plan to become pregnant. This gel should only be used in pregnancy if the potential benefit justifies the risk to the fetus.
- Are breastfeeding or plan to breastfeed. The gel may pass into breast milk.
- Tell your healthcare provider about all the medicines you take, including prescription, over-the-counter medicines, vitamins, and herbal supplements.

How should I use this Gel?

For Adults and Children 2 Years and Older:

- Clean and dry the affected area before applying.
- Apply a thin layer of gel 3-4 times daily to the affected area, or as directed by your healthcare provider.
- Rub the gel gently into the skin until absorbed.
- Do not apply more than the recommended amount and avoid using the gel for extended periods without consulting your healthcare provider.

Children Under 2 Years of Age:

- Use only if prescribed by a healthcare provider. Follow their specific directions.

What are the possible side effects of this Gel?**In Adults and Children 2 Years and Older:**

- Common side effects:
- Mild skin irritation or redness at the application site.
- A cooling sensation from menthol may cause temporary discomfort.

Rare but serious side effects:

- Severe allergic reactions, such as rash, swelling, or difficulty breathing.
- Symptoms of excessive absorption, such as dizziness or headache.
- Skin burns or blistering.

In Infants and Toddlers Under 2 Years of Age:

- Increased risk of systemic absorption leading to potential side effects. Use only under healthcare provider supervision. If you use too much Gel or accidentally ingest it, seek medical attention immediately.

How should I store this Gel?

- Store this gel at room temperature, between 20°C to 25°C (68°F to 77°F).
- Keep the tube tightly closed when not in use.
- Keep this gel and all medicines out of the reach of children.

General information about the safe and effective use of this gel:

- Do not use this gel for a condition for which it was not prescribed.
- Do not share this medication with other people, even if they have the same symptoms.
- You can ask your pharmacist or healthcare provider for information that is written for health professionals.

What are the ingredients in this Gel?**Active ingredients:**

- Diclofenac Diethylamine: Nonsteroidal anti-inflammatory drug (NSAID) for pain relief and inflammation reduction.
- Virgin Linseed Oil: Natural oil that helps to soothe and moisturize the skin.
- Methyl Salicylate: Provides a warming effect that aids in soothing muscle and joint pain.
- Menthol: Creates a cooling sensation to relieve pain and discomfort.
- Capsaicin: Works by stimulating sensory nerves to reduce pain sensations.

Inactive Ingredients:

- Gel base