

## Patient & Product Information

(Glycolic Acid 6% w/w Cream)

### Active Ingredients:

Glycolic Acid ..... 6.0% w/w

Read this information before using the cream and each time you get a refill. This leaflet does not replace advice from your healthcare provider.

### What is Glycolic Acid Cream used for?

- Glycolic Acid 6% Cream is a topical exfoliant used for:
- Reducing acne, blackheads, and clogged pores
- Improving skin texture and tone
- Diminishing fine lines, pigmentation, and dark spots
- Treating mild hyperkeratosis, keratosis pilaris, and photoaged skin
- Enhancing skin renewal and hydration
- It works by gently removing dead skin cells and promoting collagen production.

### Who should NOT use this Cream?

Do not use if you:

- Are allergic to glycolic acid or any component of the cream
- Have sensitive or irritated skin, sunburn, eczema, or open wounds
- Are currently using other strong exfoliating agents or retinoids, unless advised
- Are undergoing dermatologic procedures (e.g., laser, chemical peel)

### Who can use this Cream?

- Adults and adolescents (12 years and older)
- Use in children below 12 years only if prescribed
- Pregnant or breastfeeding women should use with medical guidance

### What should I tell my healthcare provider before use?

Tell your healthcare provider if you:

- Have a history of skin sensitivity
- Are using acne medications, retinoids, or corticosteroids
- Have eczema, psoriasis, or rosacea
- Are pregnant, planning pregnancy, or breastfeeding

### How should I use this Cream?

Use as directed by your dermatologist. Typically:

- Apply a thin layer once daily at night or as advised
- Wash face with a mild cleanser, pat dry, then apply cream
- Avoid contact with eyes, lips, and mucous membranes
- Start with alternate-day use if you have sensitive skin
- Use a broad-spectrum sunscreen daily while using this cream

### Possible Side Effects

Common side effects (usually mild and temporary):

- Redness, tingling, or mild burning at application site
- Dryness or skin peeling
- Temporary increase in sun sensitivity

Rare but serious side effects:

- Severe irritation, rash, or swelling
- Signs of an allergic reaction (hives, difficulty breathing)

- Discontinue use and consult your healthcare provider if side effects persist or worsen.

**How should I store this Cream?**

- Store at room temperature, 20°C to 25°C (68°F to 77°F)
- Keep the cap tightly closed after each use
- Protect from direct sunlight and heat
- Keep out of reach of children

**General Usage Advice:**

- Do not use with other exfoliants or scrubs unless recommended
- Always follow with moisturizer and sun protection
- Avoid excessive sun exposure while using this product
- Do not apply on broken or inflamed skin

**What are the ingredients in this Cream?****Active Ingredients:**

- **Glycolic Acid** – Alpha hydroxy acid (AHA) that exfoliates and renews the skin

**Inactive Ingredients:**

- Cream base

**Note:** This leaflet is for informational purposes only and does not replace medical advice. Always consult your healthcare provider for any concerns regarding your condition or treatment.

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