

## Patient & Product Information

(Benzoyl Peroxide 2.5% w/w & Adapalene 0.1% w/w Gel) **Topical Anti-Acne Gel**

### Active Ingredients:

Benzoyl Peroxide..... 2.5% w/w

Adapalene ..... 0.1% w/w

Read this information carefully before using this medication and each time you get a refill. It does not replace advice from your healthcare provider.

### What is this Gel used for?

- This gel is used for the topical treatment of acne vulgaris, particularly:
- Inflammatory acne lesions (pimples, pustules)
- Non-inflammatory lesions (blackheads and whiteheads)
- Prevention of new breakouts

### How does it work?

- Adapalene is a retinoid-like compound that helps normalize skin cell turnover, preventing clogged pores.
- Benzoyl Peroxide is an antibacterial agent that kills acne-causing bacteria and helps reduce oil and inflammation.

### Who should NOT use this gel?

Do not use if you:

- Are allergic to adapalene, benzoyl peroxide, or any component of the formulation
- Have eczema, sunburned, or broken skin
- Are using other acne medications, especially those causing dryness or irritation, without medical advice

### Precautions:

Inform your doctor before use if you:

- Are pregnant, planning pregnancy, or breastfeeding
- Use skin products containing alcohol, astringents, or exfoliants
- Are exposed to sunlight or UV light frequently

### How to use this Gel:

- Use only once daily, preferably at bedtime, or as directed by your doctor
- Clean and dry the affected area before application
- Apply a thin layer evenly to the affected area
- Avoid contact with eyes, lips, mouth, and mucous membranes
- Do not apply to broken, sunburned, or irritated skin
- Wash hands after application
- Use non-comedogenic moisturizer if dryness occurs

### Possible Side Effects:

Common:

- Skin dryness, peeling, or mild irritation
- Redness, burning, or itching at the site of application

Less common but serious:

- Severe skin irritation or rash
- Swelling, blistering, or crusting
- Stop use and contact a healthcare provider if irritation is severe or persistent.

### How should I store this Gel?

- Store at room temperature (20°C to 25°C / 68°F to 77°F)

- Protect from excessive heat and light
- Do not freeze
- Keep out of reach of children

**General Tips:**

- Avoid sun exposure and use a broad-spectrum sunscreen during the day
- Do not pick or squeeze acne lesions
- Improvements may take 4–8 weeks of consistent use
- Use this medication only as prescribed and do not share with others

**What are the ingredients in this Gel?**

**Active Ingredients:**

- Benzoyl Peroxide
- Adapalene

**Inactive Ingredients:**

- Gel base

**Note:** This leaflet is for informational purposes only and does not replace medical advice. Always consult your healthcare provider for any concerns regarding your condition or treatment.

For more information, contact Peak Life Innovations Pvt. Ltd. at ([Peaklifeinnovations@gmail.com](mailto:Peaklifeinnovations@gmail.com))